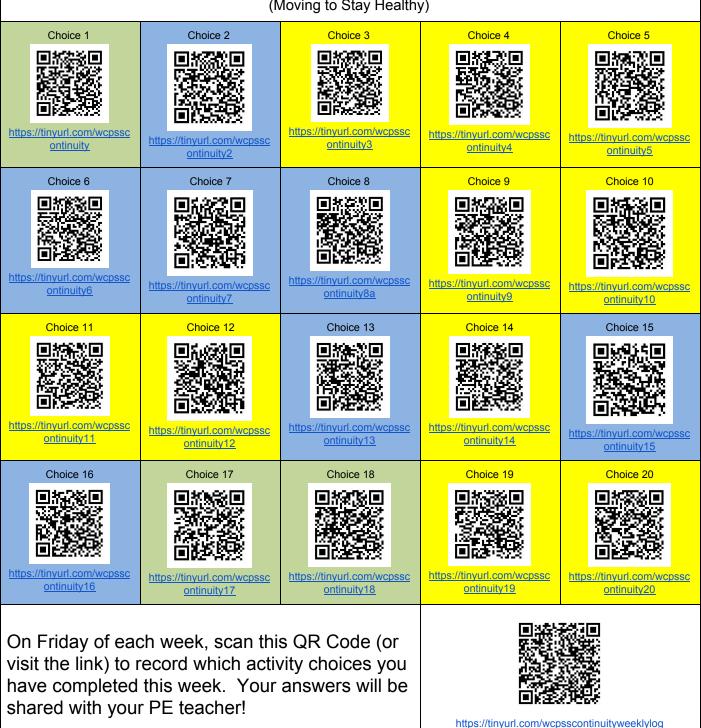
WCPSS Elementary School Activity Videos K-2nd Grade Page 1

Each day, try to select 3 videos and follow each teacher's directions to stay physically active. You may use the QR reader on a phone or visit the site at the bottom of the square. Write down which activities you do each day and try not to repeat them. On Friday of each week, scan or visit the link at the bottom of this sheet to share which activities you completed with your school's Physical Education teacher!

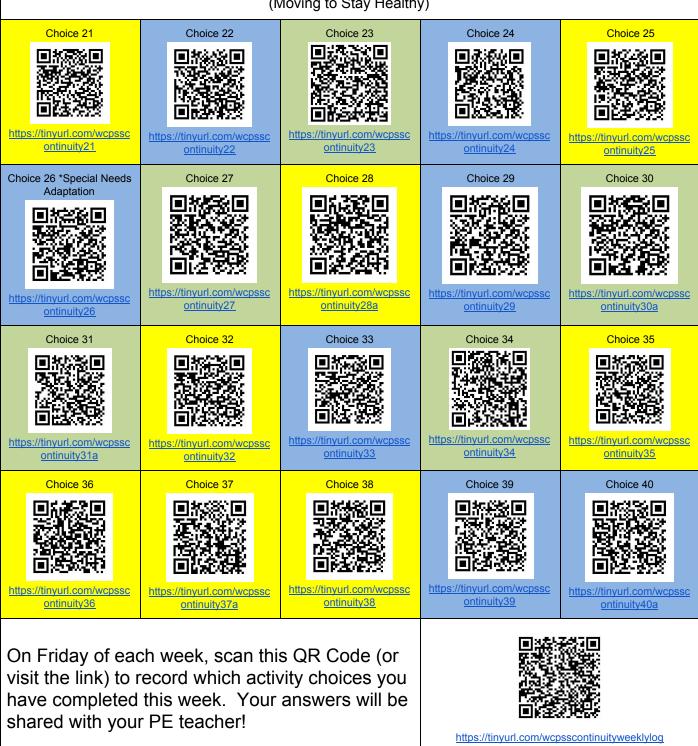
ACTIVITIES FOR KINDERGARTEN-SECOND GRADE



WCPSS Elementary School Activity Videos Page K-2nd Grade Page 2

Each day, try to select 3 videos and follow each teacher's directions to stay physically active. You may use the QR reader on a phone or visit the site at the bottom of the square. Write down which activities you do each day and try not to repeat them. On Friday of each week, scan or visit the link at the bottom of this sheet to share which activities you completed with your school's Physical Education teacher!

ACTIVITIES FOR KINDERGARTEN-SECOND GRADE



WCPSS Elementary School Activity Videos 3rd-5th Page 1

Each day, try to select 3 videos and follow each teacher's directions to stay physically active. You may use the QR reader on a phone or visit the site at the bottom of the square. Write down which activities you do each day and try not to repeat them. On Friday of each week, scan or visit the link at the bottom of this sheet to share which activities you completed with your school's Physical Education teacher!

ACTIVITIES FOR THIRD-FIFTH GRADE



WCPSS Elementary School Activity Videos Page 3rd-5th Grade Page 2

Each day, try to select 3 videos and follow each teacher's directions to stay physically active. You may use the QR reader on a phone or visit the site at the bottom of the square. Write down which activities you do each day and try not to repeat them. On Friday of each week, scan or visit the link at the bottom of this sheet to share which activities you completed with your school's Physical Education teacher!

ACTIVITIES FOR THIRD-FIFTH GRADE

